

Dear Resident,

We are writing to you because we need your help.

Over the past few months, communities across Kirklees have stepped up to support each other through the COVID-19 pandemic. You have made sacrifices to protect the NHS and save lives. Through your efforts, we have been able to reduce infections from their peak and lessen the strain on health and care services. But we haven't beaten the virus yet.

As lockdown has eased over the past few weeks, we have seen the number of people in our community with COVID-19 increase. We may never know how or why each infection happens. But we do know how to stop the spread. That is why we need your help right now.

Everyone needs to follow the rules on social distancing, handwashing and isolating. They are the best way to keep yourself, your family and your community safe. And they are as important now as they have been throughout this crisis.



Stay 2 metres apart

Keep 2m from anyone outside your household or bubble.

If you have to get closer, stick to 1m, keep it brief, avoid being face to face and **consider a face covering**.



Wear a face covering

If you're using **public transport** or expect to be less than 2 metres away from others.



Wash hands regularly

Especially when you've been out.

Hand washing for 20 seconds with soap kills the virus and prevents its spread.



Stay away from crowds

Even small groups can spread the infection. The more time you spend in crowds the greater the risk of infection.



Isolate with symptoms

a cough, high temperature, loss of taste/smell

If you develop any of the COVID symptoms, you must **isolate immediately** and **call 111** to arrange a test. By isolating you protect vulnerable people in your community.



Follow T&T instructions

You may have come into contact with someone who has the virus. This would prompt the NHS **Test & Trace** programme to contact you. You must **isolate immediately** and **follow their instructions**.

Thanks to your efforts, some of our freedoms have now returned. But we can't yet go back to normal. We can't shake hands with our friends, hug our loved ones and we must keep apart even in social situations. It is hard, especially after so many weeks in lockdown, **but our fight against the virus relies on all of us to play our part.**

Even if you think the virus isn't a threat to you, it could be really serious for people in your family and for others. And if infections rise steeply in our area, we could see a return to lockdown with shops, restaurants and local services closing once again.

If you need support to self-isolate, you can contact our **Community Response team**. You can reach them by calling **0800 4561114**.

If you need help for your business, financial support or advice about any of the council's services, you can go to: www.kirklees.gov.uk/coronavirus or call **01484 221000**.

If we all follow the rules, infections will come down again. We can then focus on Kirklees' recovery. We can concentrate on our work to build an economy that works for everyone. We can tackle inequality of wealth, health and opportunity in all our communities. And we can come back stronger than ever.

Thank you for playing your part in keeping your community safe.

Cllr. Shabir Pandor
Leader of Kirklees Council

Jacqui Gedman
Chief Executive, Kirklees Council

Rachel Spencer-Henshall
Director of Public Health, Kirklees Council

Nëse dëshironi të lexoni një version të përkthyer të kësaj letre, ju lutemi vizitoni (Albanian)

إذا أردت نسخة مترجمة من هذه الرسالة ، فيرجى زيارة الموقع: (Arabic)

اگر مایل هستید نسخه ترجمه شده این نامه را ببینید لطفاً به لینک زیر مراجعه نمائید (Farsi)

જો તમે આ પત્રની ભાષાંતર થયેલી નકલ જોવા માંગતા હોય તો કૃપા કરી વેબસાઇટની મુલાકાત લો. (Gujarati)

(Gujarati)

Ha meg szeretné tekinteni a level lefordított változatát, látogasson el ide: (Hungarian)

ئەگەر دەتەوێت کۆپیەکە وەرگیردرای ئەم نامەیە ببینیت، تکایە سەردانی ئەم لینکە بکە (Kurdish)

如果你想看这封信的翻译版本，请浏览 (Mandarin)

Jeśli chcesz zobaczyć tłumaczenie tego listu, odwiedź stronę (Polish)

Dacă doriți să accesați versiunea tradusă a acestei scrisori vă rugăm vizitați (Romanian)

Si quieres ver una version traducida de esta carta por favour visita al sitio web: (Spanish)

اگر آپ اس خط کا اردو ترجمہ دیکھنا چاہتے ہیں تو اس ویب سائٹ پر جائیں: (Urdu)

www.kirklees.gov.uk/covid19languages