

27 March 2024

Dear families,

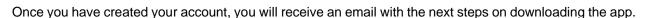
We have introduced a programme to all year groups at school called myHappymind. myHappymind is all based around helping children to understand how their brain works and to support them in developing positive skills and habits to be their very best selves!

myHappymind is delivered in school by class teachers during Thrive Time through a series of interactive lessons and children apply this learning throughout the school day.

To further embed this learning, myHappymind has developed a Parent App. These resources can be accessed online on your computer, or through an app on your phone. The Parent App will support you as a parent in understanding what your child is learning, activities for you to do together at home and also a Kids Zone featuring myHappymind Games plus much more!

To access these materials just go to https://myhappymind.org/parent-resources to create your free account. You will need to enter your name, email, and authentication code.

Your authentication code is 107799 Or simply scan this QR code to sign up



We really encourage you to make use of this free content so that you can support your child in getting the best out of the curriculum.

If you have any questions about myHappymind, please contact your child's class teacher.

If you have any technical questions about accessing the resources, please contact hello@myHappymind.org

Want to learn more? Check out myHappymind founder Laura Earnshaw's best selling book on <u>Amazon.</u>

Yours sincerely

K Horan

Kerry Horan Assistant Headteacher (SEMH)



Headteacher: Mr Rik Robinson
Ravenshall School, Ravensthorpe Road, Thornhill Lees, Dewsbury, WF12 9EE
T: 01924 456811 E: office@ravenshall.org W: www.ravenshallschool.org.uk















