

Personal, Social, Health, Economic Education (PSHE) and Relationship, Sex Education (RSE) at Ravenshall School

Aim

Our PSHE at Ravenshall School curriculum here at Ravenshall School runs on a progressively sequenced three year rolling programme covering the three core themes, these are Health and Wellbeing, Living in the Wider world and Relationships (RSE taught within). We use the PSHE Association scheme of work and knowledge of local issues to tailor our teaching and learning to meet the individual needs of our pupils. The coverage across the curriculum is designed to support our pupils to become healthy, independent and confident members of society, who are effective emotional and social communicators.

PSHE Curriculum – Key Stage 1/Key Stage 2

	Autumn 1 Health and Wellbeing	Autumn 2 Living in the Wider World	Spring 1 Relationships	Spring 2 Health and Wellbeing	Summer 1 Relationships	Summer 2 Living in the Wider World
Year 1	Drugs HL3- Keeping Well	Save our planet WIL14- Taking care of the environment	Families SA4- People who are special to us	Personal Hygiene SSS1- Taking care of ourselves	Puberty CG1- Baby to adult CG2- Changes at puberty	Money WIL16- Money
Year 2	First Aid HL2- Taking care of physical health	Work SA1- Things we are good at WIL12- Jobs people do	Being Safe SSS5- public and private CG3- Dealing with touch	Keeping Healthy HL1- Healthy Eating	Respectful Relationships CG4- Different types of relationships	Community WIL11- Respecting difference between people WIL15- Belonging to a community
Year 3	Health and Prevention SSS4- Keeping safe online	Rules SA2- Kind and unkind behaviours WIL13- Rules and Laws	Respect SA5- Getting on with others	Keeping Safe SSS2- Keeping Safe SSS3- Trust	Friendships SA3- Playing and working together	Mental Health MF1- Identifying and expressing feelings MF2- Managing strong feelings

PSHE Curriculum – Key Stage 3/Key Stage 4

	Autumn 1 Health and Wellbeing	Autumn 2 Living in the Wider World	Spring 1 Relationships	Spring 2 Health and Wellbeing	Summer 1 Relationships	Summer 2 Living in the Wider World
Year 1	<u>Drugs</u> HL6- Medicinal drugs HL7- Medicinal drugs, alcohol & tobacco	<u>Environment</u> WILI3- Taking care of the environment	<u>Families, Marriage, civil relationships</u> CG5- Long term relationships and parenthood	<u>Personal Identity</u> SA1- Personal Strengths SA2- Skills for learning	<u>Puberty</u> CG1- Puberty	<u>Careers</u> WILI4 – Preparing for adulthood
Year 2	<u>Managing feelings</u> MF2 – Strong feelings MF1 – Self-esteem & unkind comments HL5- body image	<u>Human Rights – British values and Citizenship</u> WILI1 – Diversity, rights and responsibilities SA3- Prejudice and discrimination	<u>Keeping Safe</u> SSS6 – Public and Private SSS2- feeling frightened/ worried	<u>Healthy Lifestyle</u> HL1 – Elements of a healthy lifestyle SSS1- Feeling unwell	<u>Healthy and Unhealthy relationships</u> CG2 – Friendship CG3 – Healthy/ Unhealthy Relationship behaviours	<u>Money</u> WILI5- Managing Finances SSS7- Gambling
Year 3	<u>Keeping Healthy</u> HL4- Healthy Eating HL3- Physical activities	<u>Peer influence, substance use and gangs</u> SA4– Managing Pressure	<u>Respectful Relationships</u> MF3- Romantic feelings and sexual attraction CG4– Intimate relationships, consent & contraception	<u>Mental Health</u> HL2- Mental Wellbeing	<u>Online safety</u> SSS4– Keeping safe online WILI2- Managing online information	<u>Personal Safety</u> SSS3- Accidents and Risks SSS5 – Emergency Situations

Curriculum Intentions

The PSHE Curriculum at Ravenshall School will:

- Give pupils the skills and emotional resilience to tackle moral, cultural and social issues they may come across within society.
- Encourage pupils to be guided by a range of values including honesty, kindness, trust, responsibility, friendship, self-control, empathy, tolerance and understanding
- Promote the British Values among our pupils of democracy, the rule of law, individual liberty mutual respect, and tolerance of different faiths and beliefs.

- Promote the development of trusting relationships based on a mutual understanding of love and trust to support pupils to feel safe secure and valued.
- Encourage pupils to be confident and happy individuals with a healthy body and mind.
- Prepare pupils for adult life in society by teaching them about their own rights and responsibilities promoting independence, resilience and knowing how and where to seek support if needed.

Wider Curriculum

PSHE is also integrated and embedded across the whole school within our wider curriculum.

Autumn 1 Health and Wellbeing	Autumn 2 Living in the Wider World	Spring 1 Relationships
<p><u>Topic links</u> Law and order All about me Help is at hand Unity in the community Global warming</p> <p><u>Wider curriculum links</u> - Personal hygiene interventions - Personal Care Assistants interventions - Puberty support groups - The NEST - Draw and Talk - ELSA - Wonderful Wednesdays - FOCUS Group - Mental Health Practitioner visits - Singing and Signing - School Ambassadors - Sports Leaders - Dojo/ school rules - School culture - HMP NOT4ME - Home visits - Family support officer - Weekly soft play visits - PE lessons - Science lessons - Independence support groups - Bikeability - Weekly gym visits - Weekly swimming lessons - Fruit of the week - Links with Huddersfield Giants - Visits to Batley Bull Dogs - ASDAN - OCR life and living skills</p>	<p><u>Topic links</u> Global warming Come fly with me Going wild Under the sea Unity in the community Law and order Help is at hand</p> <p><u>Wider curriculum links</u> - Recycling team - Assemblies - Drop down days - Forest school - Work experience - Wonderful Wednesdays - Geography curriculum - ASDAN- environmental awareness - PCo visits - ICT lessons - ICT online safe gaming - THRIVE Time - Satellite Provision Headfield School - Travel training - LGBTQ+ support group - Life Skills awards - Regulation Support Plans - Year 6 weekly visits to Explorers Phase - Maths lessons - Finance training - Ravenshall job shop - Ravenshall Charity Shop - Ravens Retreat Café - School Ambassadors - Reading buddies - Sports leaders - Community visits - Links with Walker Street</p>	<p><u>Topic links</u> All about me Superheros Help is at hand Unity in the community Under the sea</p> <p><u>Wider curriculum links</u> - Class dojo - Family assemblies - Holiday fun days - Social stories - LAC Interventions - R.E Interventions - Puberty support groups - Girls club - Planned social communication sessions - EHCP preparation for adulthood targets - Science curriculum - Turn taking interventions - Semi formal- play and leisure sessions - Organised team games break/ lunchtimes - Sports coach at lunchtimes - Zones of Regulation - Restorative sessions - Thrive Time - Lunchtime clubs - ICT curriculum - Assemblies - Drop Down Days - Reading buddies - Travel Training - Drama- social games - Drama role play - LGBTQ+ support group - ICT online safe gaming - After school clubs</p>

<ul style="list-style-type: none"> - Food Technology lessons - Café visits - Assemblies - Weekly supermarket shop - EHCP Healthy Living Target (year 9 onwards) - Lunchtime sports clubs - Lunchtime sports coach - THRIVE Time - Visits from PCo - Sulian room for regulation - Sensory OT in school - Brunswick Centre visits - LGBTQ support group - 'Open door' chat sessions (lunchtime) - Brain Breaks in lessons - Forest School - Drop Down Days - After school clubs - Walking group - Emotion coaching - School nurse on site - NCFE award topics - On Site Therapy Dog 	<ul style="list-style-type: none"> - Links with Dewsbury Library - Links with Little Deer Wood - Oakwell Hall Community Projects - FOCUS Group - Newspaper reading sessions - Ravenshall Newsround - Animal care - On site Therapy Dog - Dojos - Dojo Shop - ICT Skills unit award- Managing Money - Enterprise Employability - PFA Employability skills - Arts Award - Drop Down Days 	<ul style="list-style-type: none"> - Classes from different phases buddies - Walking buddies - On site Therapy Dog - Football team matches - PE team games - Engagement for learning
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RSE is taught within the core themes of PSHE and Science.

ADD in link to science progression framework

Link to DFE guidance

- **RSE Guidance:** [Relationships and sex education \(RSE\) and health education – GOV.UK \(www.gov.uk\)](http://www.gov.uk)
- **Guide For Parents:** [Relationships, sex and health education: guides for parents – GOV.UK \(www.gov.uk\)](http://www.gov.uk)
- **FAQs:** [Relationships education, relationships and sex education \(RSE\) and health education: FAQs – GOV.UK \(www.gov.uk\)](http://www.gov.uk)

PSHE at PFA (KS5)

Coming soon....